

Christ For Our City



White Rock Prayer Guide



INTIMACY WITH GOD
IMPACT THE WORLD

The Purpose of This Prayer Guide

THIS BOOKLET WAS CREATED TO SERVE AS A GUIDE FOR YOU TO PRAY FOR YOUR NEIGHBOURHOOD AND YOUR CITY.

THE LORD INVITES US INTO HIS REDEEMING WORK AND ONE OF THE WAYS HE INVITES US TO PARTICIPATE IS THROUGH PRAYER. WE SEE THROUGHOUT SCRIPTURE AND THROUGHOUT CHURCH HISTORY THAT PRAYER IS ESSENTIAL TO THE CHRISTIAN LIFE AND TO THE GREAT COMMISSION.

WE DESIRE TO BE A PRAYING PEOPLE, A PEOPLE WHO WILL BE INTENTIONAL TO COME BEFORE THE LORD IN PRAYER ABOUT THE CITIES WE LIVE IN, THE PLACES WE PASS BY, AND THE PEOPLE WE CALL NEIGHBOURS.

WITHIN, YOU'LL FIND PRAYER POINTS FOR THE CITY INCLUDING SPECIFIC LOCATIONS, A GUIDE ON HOW TO PRAYER WALK AND SOME EXAMPLE ROUTES, EXAMPLES OF SCRIPTURE TO PRAY OVER YOUR CITY, AND RESOURCES RELATED TO PRAYER AND EVANGELISM.

OUR PRAYER IS THAT THROUGH USING THIS GUIDE, YOU WILL DEVELOP A REGULAR PRACTICE OF PRAYING FOR YOUR CITY AND THAT THE LORD WILL CONTINUALLY GROW YOUR HEART AND REVEAL TO YOU HIS HEART FOR THE PLACE YOU CALL HOME AND THE PEOPLE WHO LIVE IN IT.

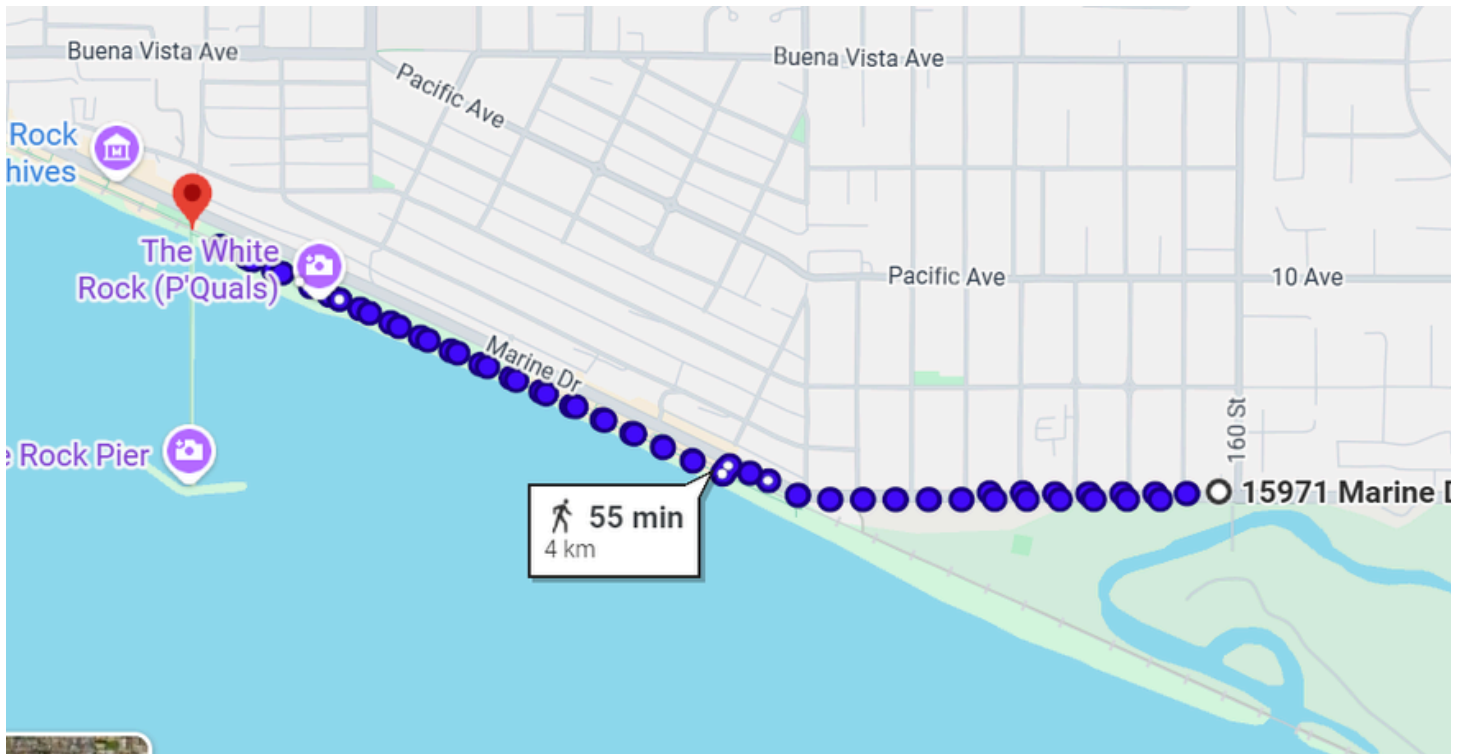
Prayer Walk Guide

PRAYER WALKS ALLOW US TO SEE THE PLACES AND THE PEOPLE WE ARE PRAYING FOR, CULTIVATE FOCUS, AND ARE A GREAT WAY TO BE INTENTIONAL IN PRAYING OVER OUR CITY. YOU ALSO NEVER KNOW WHO THE LORD MIGHT BRING ALONG YOUR PATH OR WHAT HE WILL HIGHLIGHT OR SPEAK TO YOU ABOUT AS YOU WALK THROUGH YOUR COMMUNITY.

TIPS FOR PRAYER WALKS

- Walk slowly & intentionally.
- Pray over the places you pass and the people you pass.
- As you walk, ask the Lord who or what He is highlighting you to pray for or with.
- Walk in silence or listen to worship music.
- Pray scripture over your city.
- Write down specific things the Lord speaks to you or about your city.

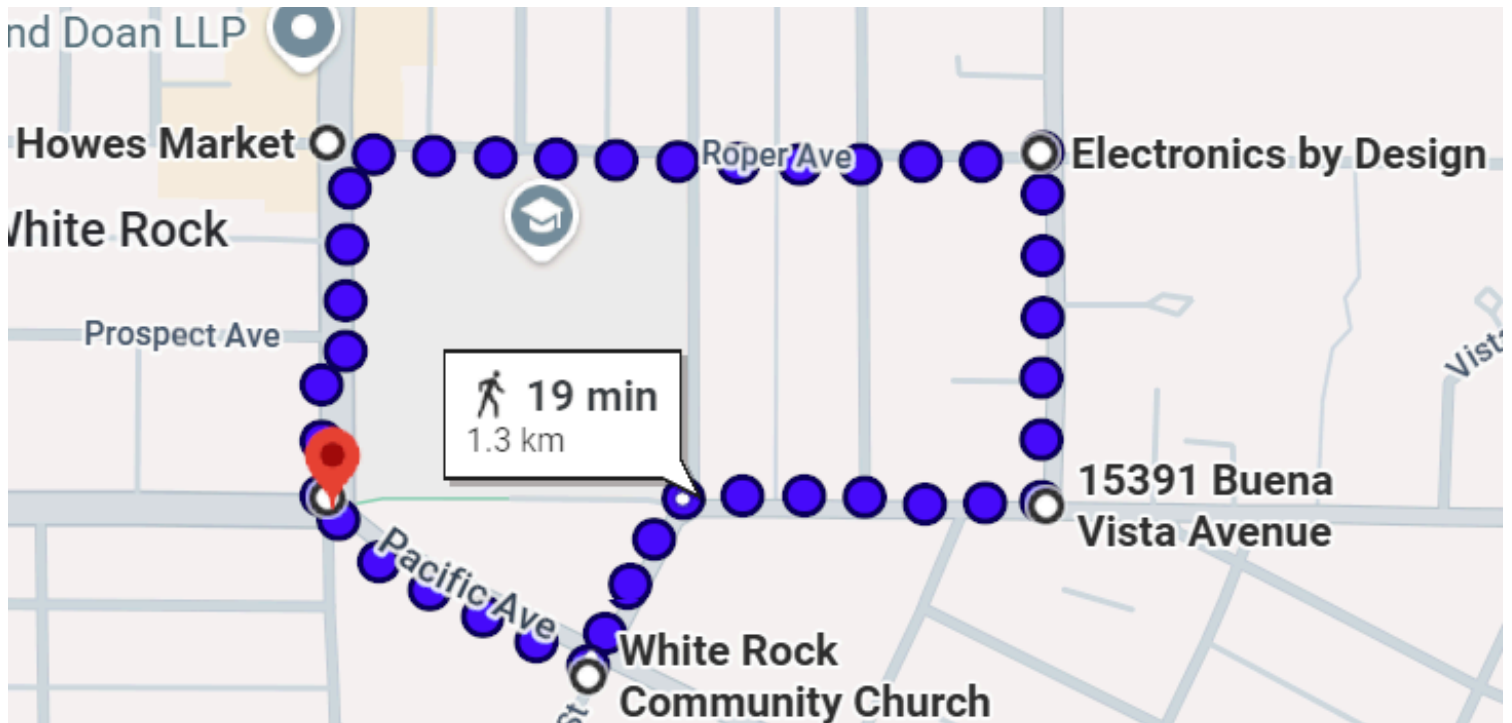
Route #1



White Rock Pier →
Semiahmoo First Nation
~30 minutes

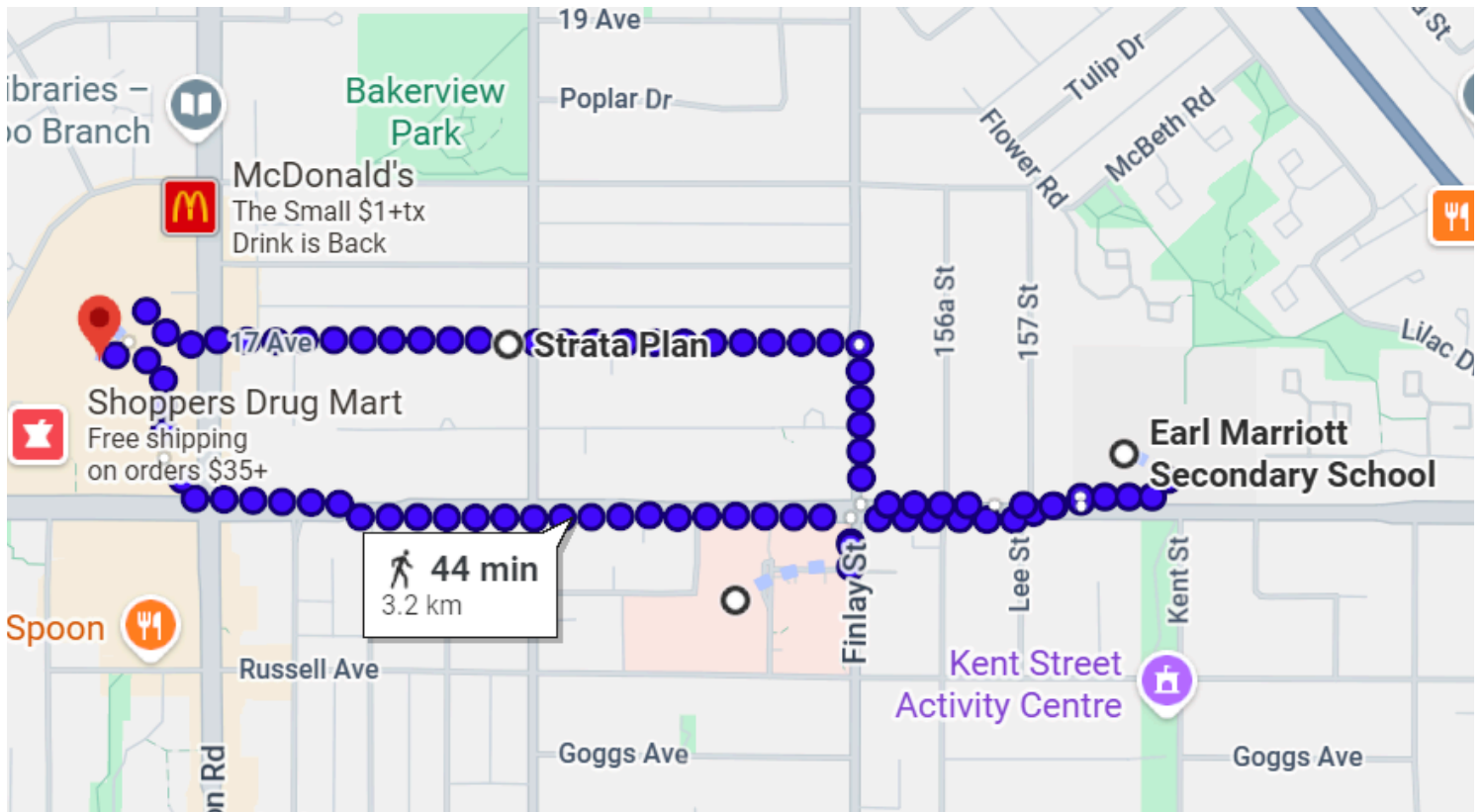
Round Trip (back to White Rock Pier)
~ 55 minutes

Route #2



White Rock Elementary → Head down Roper Street → Right onto Best St. → Right onto Buena Vista Ave → Pass City Hall → Left on Fir St. → Right on Pacific Ave → Up Johnston Road → Pass local businesses → White Rock Elementary
~ 20 minutes

Route #3



Semiahmoo Shopping Centre ->

Right on 152 St. → Left on North Bluff Road →
Pass Peace Arch Hospital → Continue to Earl
Marriott Secondary → Head back on North Bluff
Road → Right on Finlay St → Left on 17 Ave ->
Semiahmoo Shopping Centre
~ 45 mins

Prayer Point #1: Thanksgiving

SPEND SOME
TIME IN PRAISE &
THANKSGIVING.

"ENTER HIS GATES
WITH THANKSGIVING
AND HIS COURTS
WITH PRAISE; GIVE
THANKS TO HIM AND
PRAISE HIS NAME."
-PSALM 100:4

- Thank God for who He is. Thank Him that He is a God who hears our prayers. (1 John 5:14)
 - Thank Him for how He is at work in your city and for His sovereignty.
 - Thank Him for placing you in this city for this specific time. Thank Him for the Great Commission and for inviting you into His redeeming work.
- Take some time to thank the Lord for your city. What people and places within your city are you grateful for? What communities, people or places bring you joy?



"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed."

- Mark 1:35

Prayer Point #2: Neighbours

TAKE SOME TIME TO PRAY FOR YOUR GEOGRAPHICAL NEIGHBOURS AND COMMUNITY MEMBERS. ASK THE LORD IF THERE ARE SPECIFIC PEOPLE HE WANTS YOU TO COMMIT TO PRAYING FOR.

- Pray for them to come to know Jesus as their Lord and Saviour.
- Pray for their health, safety, and for provision in their lives.
- Pray for reconciliation, healing, and unity within their lives and families.
- Pray for opportunities to be a light and share about Jesus with them.

REFLECT ON
HOW YOU
CAN
PRACTICALLY
SHOW LOVE
TO YOUR
NEIGHBOURS.





Prayer Point #3:

Revival In Your City

FOR THE NEXT PRAYER PROMPT, SPEND SOME TIME PRAYING FOR GOD TO POUR OUT SALVATION IN YOUR CITY, TO BRING PEOPLE INTO RELATIONSHIP WITH HIM, AND TO EQUIP AND SUSTAIN OUTREACH MINISTRIES.



- Pray for individuals in your city to put their faith in God and that their lives would be transformed by Him.
- Pray for God's Kingdom to come and His will to be done in your city.
- Pray for people of other religions to come to know Jesus as the Way, the Truth, and the Life. Is there a certain group that God is placing on your heart? Pray for them.
- Pray for believers and churches to develop intentional, flourishing, and creative ways to reach and serve the community and for the Lord to sustain and work through existing outreach ministries.

Prayer Point #3:

Revival In Your City

- Pray for people to be sent to those who don't know Jesus to share with them. Pray for softened hearts and for Spirit-led conversations. Pray for believers to have the courage to go into the hard and dark places in your city.



"THEN HE SAID TO HIS DISCIPLES, 'THE HARVEST IS PLENTIFUL BUT THE WORKERS ARE FEW. ASK THE LORD OF THE HARVEST, THEREFORE, TO SEND OUT WORKERS INTO HIS HARVEST FIELD.' "

- MATTHEW 9:37-38

- Pray for the families and friends of people in your church who haven't placed their faith in Jesus to come to know Him.
- Who in your community, workplace, or daily life doesn't know Jesus? Pray for them by name. Ask the Lord how He wants to use you.
- Thank God that you are sent. (Matthew 28:18-20) Ask Him to bring divine conversations and interactions into your life and for the boldness and the love to steward those interactions as well as the relationships you have in your daily life.

Prayer Point #4:

People & Workplaces of Your City

- Pray for different occupations (first responders, teachers, professionals, business owners, & educational staff, healthcare workers, etc.).
- Pray for the safety and the unity of workplaces and workers.
- Pray for believers to be in every sector of work and to be living on mission in their day-to-day lives.



- Pray for your mayor, your MLA, your MP, and all those who serve within government. Pray for wisdom and for guidance as they make decisions and direct the future of the city.
- Pray for individuals looking for work.

HOW CAN YOU BE A LIGHT
AND SHARE JESUS IN YOUR
WORKPLACE AND/OR WITH
THE PEOPLE YOU SEE
REGULARLY?

"They devoted
themselves to the
apostles' teaching and
to fellowship, to the
breaking of bread and
to prayer."

- Acts 2:42



Prayer Point #5: Local Indigenous Groups

- Pray for physical, mental, emotional, and spiritual healing.
- Pray for reconciliation and the provision of needs.
- Pray for Indigenous believers to be sent out into their communities to share the Gospel.
- Pray for Indigenous individuals to come to know Jesus.
- Pray for softened hearts toward Jesus and toward the Body of Christ.



SPEND
SOME TIME
PRAYING
FOR THE
LOCAL
INDIGENOUS
GROUP:
SEMIAHMOO
FIRST
NATION.




SEMIAHMOO
SHOPPING CENTRE

FRESH SLICE


FIRST
CAPITAL



"Brothers and sisters,
choose seven men from
among you who are known
to be full of the Spirit and
wisdom. We will turn this
responsibility over to them
and will give our attention
to prayer and the ministry
of the word."

- Acts 6:3-4

Prayer Point #6:

Local Schools

SPEND SOME TIME IN PRAYER
FOR LOCAL UNIVERSITIES,
HIGH SCHOOLS, AND
ELEMENTARY SCHOOLS.

- Pray for students, staff, and families to hear and respond to the Gospel.
- Pray for Christian students to share their faith with boldness and love and for Christian staff & families to come alongside them in support.
- Pray for students discerning their next steps after high school or university.
- Pray for open doors for Christians to share and for positive responses from administration.



SEMIAHMOO
SECONDARY SCHOOL



EARL MARRIOTT
SECONDARY SCHOOL



WHITE ROCK
ELEMENTARY

Prayer Point #6: Local Schools

Scripture to Pray Over Schools:

PSALM 51
MATTHEW 9:37-38
ROMANS 8:31-39



STAR OF THE SEA
CATHOLIC SCHOOL



WHITE ROCK
CHRISTIAN ACADEMY

- Pray for heart postures of gratitude towards education and pray for quality education and teachers within schools.
- Pray for the youth, children, and young adults in your church - that they would be lights in their schools and be equipped to share with those around them the hope of the gospel.
- Pray for the safety of students & staff and the struggles they are facing (i.e anxiety, depression, suicidal thoughts, loneliness, addiction, broken relationships, eating disorders, body image struggles, etc.)



Prayer Point #7: Local Churches & Believers

SPEND TIME PRAYING OVER LOCAL CHURCHES, BELIEVERS, AND CHURCH LEADERS. MAY THE CHURCH BE UNITED IN THE GREAT COMMISSION AS WE DISCIPLE PEOPLE AND REACH THE UNCHURCHED.

- Pray for intentional discipleship, spiritual growth and sanctification.
- Pray for believers across your city to have their eyes fixed upon Jesus, to be unashamed of the gospel, and to be Kingdom-minded in their everyday lives.
- Pray for the flourishing of churches and that they would be Christ-like and missionally focused in all they do.



"I THANK MY GOD EVERY TIME I REMEMBER YOU. IN ALL MY PRAYERS FOR ALL OF YOU, I ALWAYS PRAY WITH JOY BECAUSE OF YOUR PARTNERSHIP IN THE GOSPEL FROM THE FIRST DAY UNTIL NOW, BEING CONFIDENT OF THIS, THAT HE WHO BEGAN A GOOD WORK IN YOU WILL CARRY IT ON TO COMPLETION UNTIL THE DAY OF CHRIST JESUS."

-PHILIPPIANS 1:3-6



Prayer Point #7: Local Churches & Believers

- Pray for church leaders and that the Lord would sustain them and grant them wisdom, discernment, and peace as they navigate challenges and lead their people.
- Pray for new neighbourhood church plants to develop and reach the unchurched.
- Pray for an increase of prayer among believers.
- Pray for unity among the Body of Christ as we serve and follow Jesus in our separate communities but as one family.



Scripture to Pray Over Churches & Believers:

- 1 CORINTHIANS 13
- 2 CORINTHIANS 5
- PHILIPPIANS 1:3-9

Churches In White Rock:

- White Rock Community Church
- White Rock Baptist Church
- The Church on Oxford Hill
- Salvation Army White Rock Church
- St. John's Presbyterian Church
- White Rock Lutheran Church
- Church of the Holy Trinity
- Life Church

"If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples."

- John 15:7-8

Prayer Point #8:

Needs & Struggles and Healing & Safety for the City

FOR THIS PRAYER PROMPT,
SPEND SOME TIME PRAYING
OVER THE STRUGGLES PEOPLE
ARE FACING IN YOUR CITY AND
FOR THE LORD TO BRING
HEALING & RESTORATION.



- Pray for those dealing with broken relationships and families. Pray for reconciliation and for the love of Christ to transform their lives.
- Pray for individuals who are grieving or wrestling with suffering in their lives.
- Pray for those battling mental health struggles.
- Pray for those battling homelessness, food insecurity, and financial hardship.
- Pray for physical, mental, emotional, and spiritual healing.
- Pray for safety within the city.
- Pray for those battling addiction.

Prayer Point #9:

Specific Locations

BELOW ARE SOME SPECIFIC LOCATIONS WITHIN WHITE ROCK. FOR THIS NEXT PRAYER PROMPT, SPEND TIME PRAYING OVER THESE PLACES, THE PEOPLE WITHIN, AND THE FUTURE OF THEM.

PEACE ARCH HOSPITAL



- Pray for families dealing with difficult circumstances & grief.
- Pray for wisdom & strength for doctors, nurses & other staff.
- Pray for healing within the hospital and for miracles.
- Pray for people to hear about Jesus and accept Him.

SOUTH SURREY ATHLETIC PARK



- Pray for all those who work or volunteer here.
- Pray for all the sports events that happen here and for the players & coaches.
- Pray for Christian players/coaches to be a light to their teams.

Marine Drive



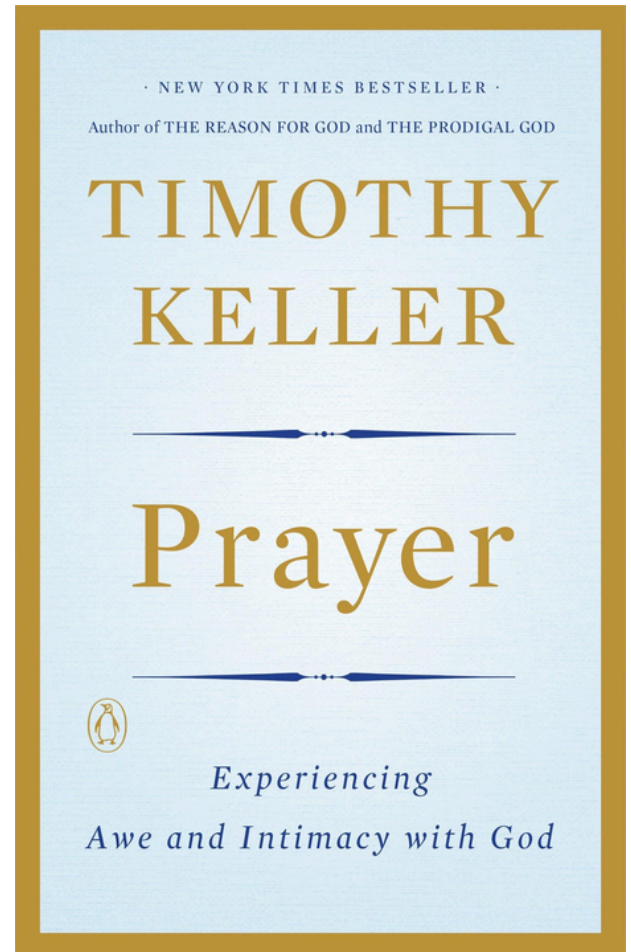
- Pray for the businesses. Pray for financial provision, unity among workers, and joy during their workday.
- Pray for evangelism & gospel conversations in everyday life and for people to give their lives to Jesus here.
- Pray for Christian events to take place here.
- Pray for safety during events and daily life.

Resources on Prayer & Evangelism

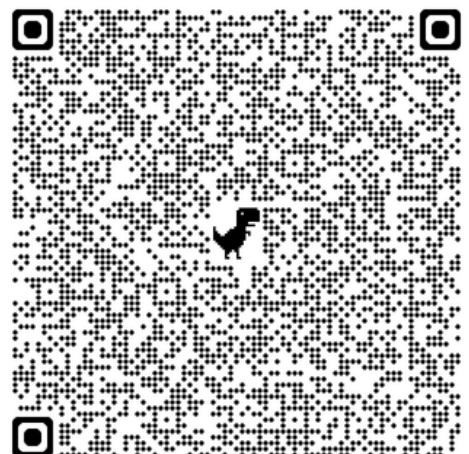
PRAYER: EXPERIENCING AWE AND INTIMACY WITH GOD BY TIMOTHY KELLER

"With his trademark insight and energy, Keller offers brilliant and inspirational biblical guidance, as well as prayers for specific situations, such as dealing with grief, love, and forgiveness. Using great model prayers from the Bible and great Christian teachers throughout history, he discusses ways to make prayers more personal and powerful, and how to establish a practice of prayer that works for each reader."

- Timothy Keller Website



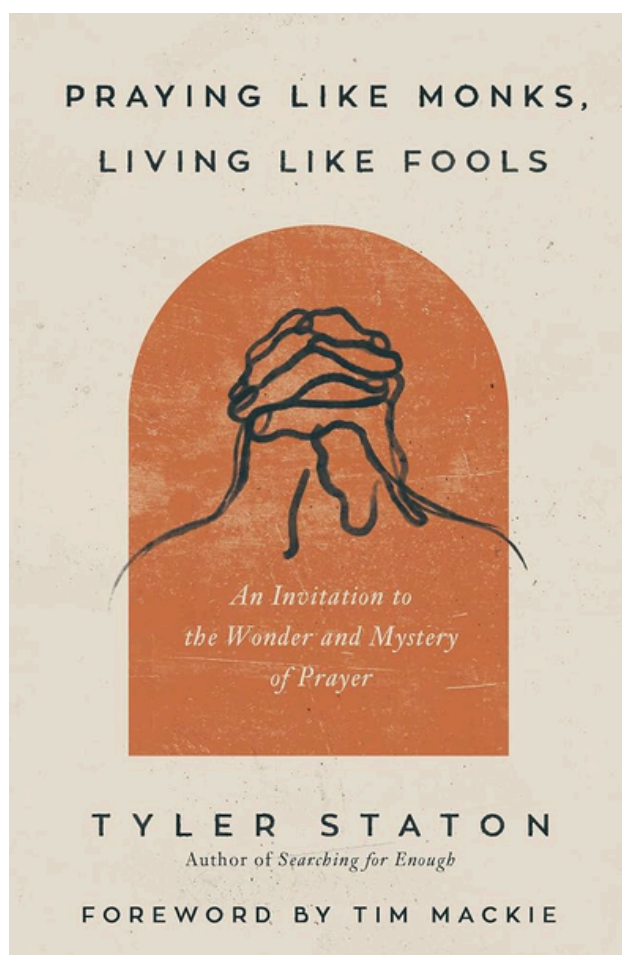
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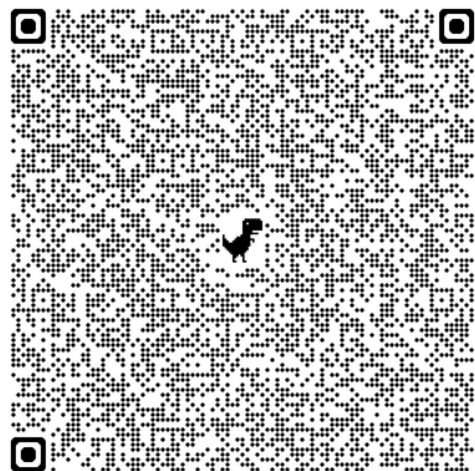
PRAYING LIKE MONKS, LIVING LIKE FOOLS BY TYLER STATON

"In these pages, Tyler Staton — author, pastor, and national director of 24-7 Prayer USA — addresses common roadblocks to prayer and gives you the confidence to come to God just as you are. This book is perfect for people who are looking to deepen their devotion and are seeking to catch a fresh excitement about meeting with God in prayer."

- 24/7 Prayer Website



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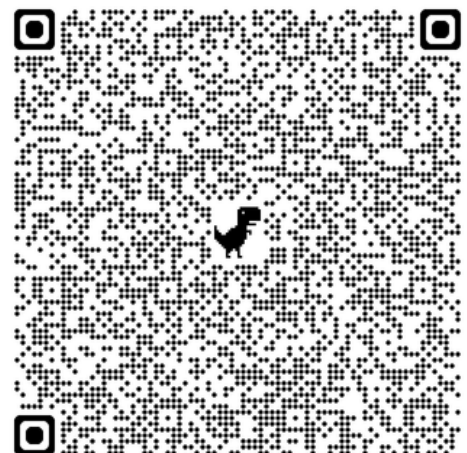
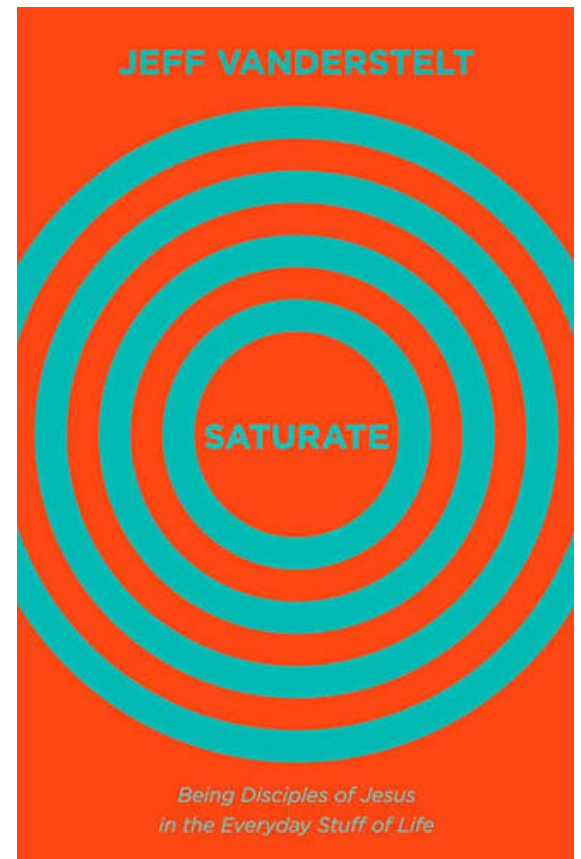


SATURATE: BEING DISCIPLES OF JESUS IN THE EVERYDAY STUFF OF LIFE BY JEFF VANDERSTELT

"Many Christians have unwittingly embraced the idea that "church" is a once-a-week event rather than a community of Spirit-empowered people; that "ministry" is what pastors do on Sundays rather than the 24/7 calling of all believers; and that "discipleship" is a program rather than the normal state of every follower of Jesus. It is imperative the church sees that there is more—much more—to the Christian life than sitting in a pew once a week. God has called his people to something bigger: a view of the Christian life that encompasses the ordinary, the extraordinary, and everything in between."

- Saturate The World Website

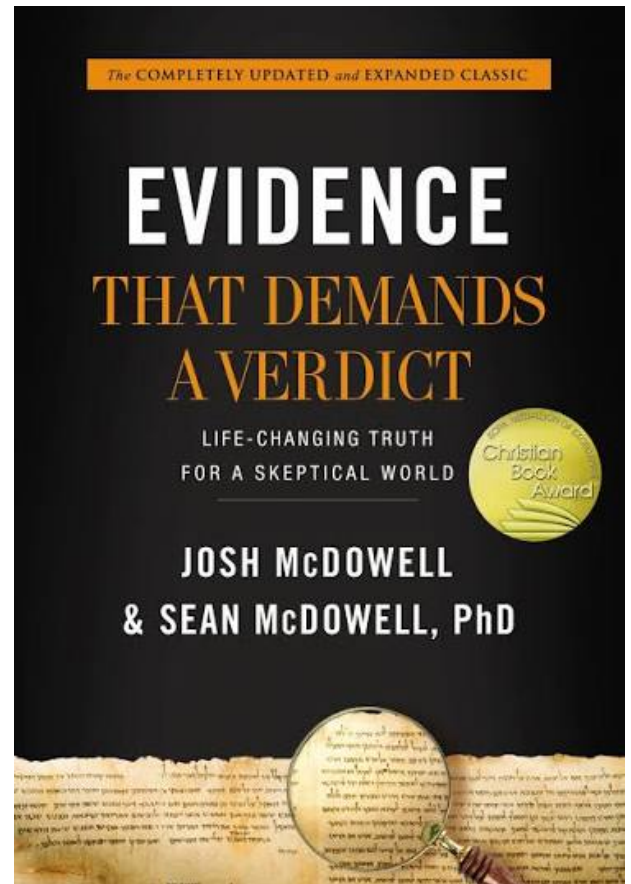
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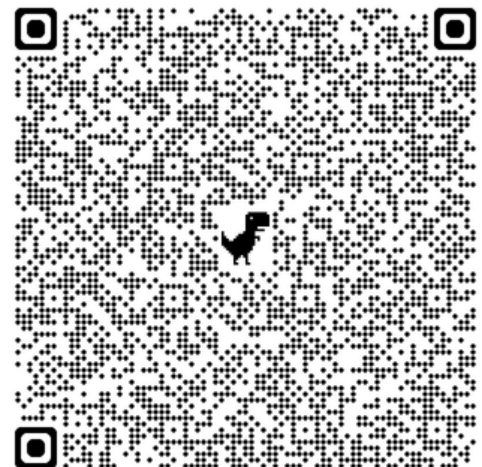
EVIDENCE THAT DEMANDS A VERDICT BY JOSH MCDOWELL & SEAN MCDOWELL

"Evidence That Demands a Verdict is an easy-to-read, front-line defense for Christians facing the tough questions of critics and skeptics. Using secular evidences and other historical sources, Josh McDowell's faith-building book is a must read for every Christian."

- GoodReads



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EVERYDAY REVOLUTIONARY

BY J.D.GREEAR

"Tired of being a pawn in the culture war? Feeling squeezed between political and theological extremes? How do we live faithfully when we don't feel at home in this increasingly secular culture? Pastor and Bible teacher J. D. Greear calls us to reimagine our Christian witness in today's world. In this practical and encouraging six-session series, discover biblical insights for witnessing well in our polarized, post-Christian world."

- RightNow Media



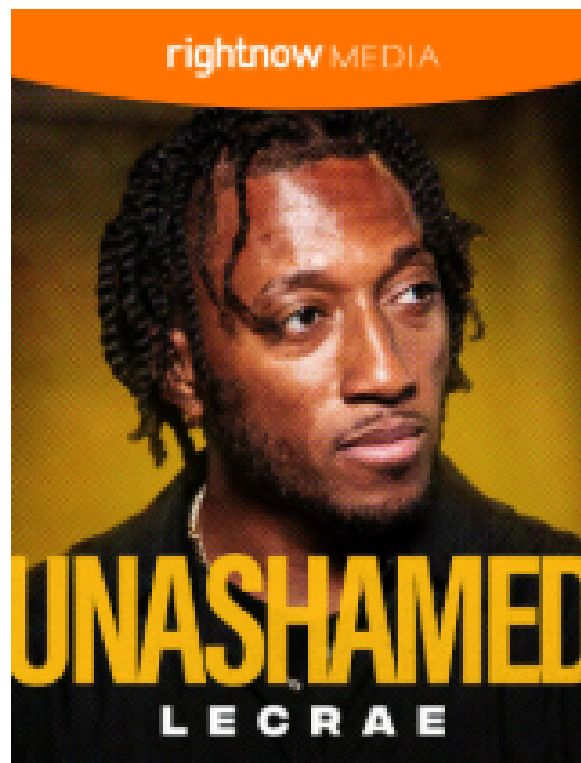
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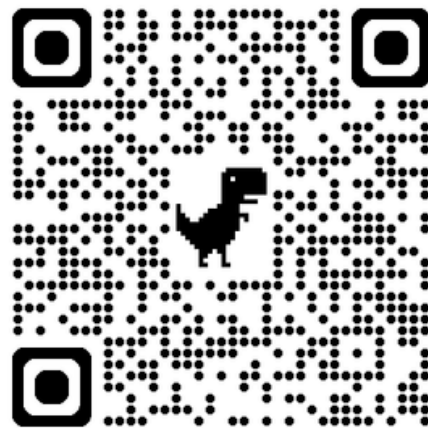
UNASHAMED BY LECRAE

"Being confident in our faith isn't always easy. Culture wants us to conform rather than stand out and church culture often glorifies perfection and power, making us want to hide our flaws and weaknesses. So how do we proclaim the gospel when it is much easier to stay silent? Can we live boldly for Jesus when we know we are weak and flawed? Join Grammy and Dove Award-winning hip-hop artist Lecrae in this six-session series as he equips, empowers, and encourages us to live unashamed of our faith and of who God created us to be."

- RightNow Media



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MEDIA LINK HERE ->



PRAYER (YOUTH SERIES)

BY FRANCIS CHAN

"Prayer is a frequent theme in Scripture, but students often struggle with questions about the purpose, practice and power of prayer. Is this invisible God just a magic genie in heaven who gives me what I want? Does God really want to hear from me, and if so, how does He talk back? If God already knows everything, what's the point of praying? Why doesn't God always answer my prayers? Over four powerful sessions, we'll explore these tough questions and hear students share how prayer impacted the tough situations they were facing. Francis Chan will unpack what the Bible has to say about prayer, helping teens understand how they should pray, what they are called to pray for, and why God invites them to communicate with Him."

- RightNow Media

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THE SCHOOL OF PRAYER: SERMON SERIES BY JEFF CHAPMAN

In this sermon series, Rev. Jeff Chapman goes through the Lord's Prayer and walks us through how Jesus' teaching on prayer to His disciples' is a teaching applicable to us too and is the foundation for us as we build a prayer life.

The School of Prayer *Part 1 – Praying Like Jesus* Luke 11:1-4

Jeff Chapman ~ January 7, 2024 ~ Faith Presbyterian Church

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- [In This House We Believe ... Part 1: What's on Your Yard Sign? 1 Corinthians 15:1-11 \(3-10-24\)](#)
- [The School of Prayer, Part 9: Deliver Us; Matthew 6:9-13 \(3-3-24\)](#)
- [The School of Prayer, Part 8: Go Easy on Us, Lord...; Matthew 6:9-13 \(2-25-24\)](#)
- [The School of Prayer, Part 7: God Is Running; Matthew 6:9-15 \(2-18-24\)](#)
- [The School of Prayer, Part 6: We are Beggars, Every One; Matthew 6:9-13 \(2-11-24\)](#)
- [The School of Prayer, Part 5: Hide and Seek? Matt. 6:9-13; 1 Thess. 5:16-18; James 4:13-15 \(2-4-24\)](#)
- [The School of Prayer, Part 4: A Prayer of Treason; Matthew 6:9-13 \(1-28-24\)](#)
- [The School of Prayer, Part 3: The Prayer Before All Prayers; Matthew 6:9-13 \(1-21-24\)](#)
- [The School of Prayer, Part 2: Addressing God; Matthew 6:9-13 \(1-14-24\)](#)
- [The School of Prayer, Part 1: Praying Like Jesus; Luke 11:1-4 \(1-7-24\)](#)
- [What's With the Stories? Mark 1:1 \(12-24-23, evening\)](#)
- [What's With All the People Showing Up at Worship? Luke 1:26-38 \(12-24-23, morning\)](#)

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(SEARCH IN THE WRITTEN SERMONS SECTION
ON THE WEBSITE)



The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our debts,
as we forgive our debtors.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever. Amen.

Reflection Questions

- WHAT IS THE LORD SPEAKING TO YOU? HOW IS HE CALLING YOU TO LOVE, SERVE, AND SHARE ABOUT JESUS IN YOUR COMMUNITY?
- WHAT IS ONE PRACTICAL WAY YOU CAN SHOW CHRIST'S LOVE TO SOMEONE YOU PRAYED OVER?
- HOW CAN YOU DEVELOP A DISCIPLINE OF PRAYING OVER YOUR CITY IN YOUR LIFE? IS THERE A TIME OF DAY WHERE YOU CAN COMMIT SOME TIME TO PRAY?
- WHO CAN YOU ENCOURAGE TO PRAY OVER THEIR CITY/COMMUNITY?
- WHO IS THE LORD CALLING YOU TO REACH OUT TO THIS WEEK?
- WHAT IS A WAY YOU COULD ENGAGE IN EVANGELISM IN YOUR LIFE?

Christ For Your City

BECAUSE HE'S ALWAYS LOVED YOUR MUSLIM NEIGHBOUR.
BECAUSE HE SHED HIS BLOOD FOR YOUR ATHEIST FRIEND.
BECAUSE HE WANTS ETERNAL FELLOWSHIP WITH YOUR SIKH CO-WORKER.
BECAUSE HE DIED FOR THE PERSON YOU'RE ABOUT TO GIVE UP ON.
BECAUSE HIS ARMS ARE WRAPPED AROUND YOUR TEACHER WHO LOST HER BABY.
BECAUSE HE SEES AND HE KNOWS THE PERSON BATTLING DRUG ADDICTION.
BECAUSE HE'S NEVER LEFT THE PERSON TOO AFRAID TO LEAVE THEIR HOME.
BECAUSE HE'S A FATHER TO THE ONE WHOSE FATHER NEVER LOVED THEM.
ALL HE'S EVER WANTED IS FELLOWSHIP.
ALL HE EVER WANTED IS TO BE IN RELATIONSHIP.
BECAUSE CHRIST IS FOR YOUR CITY.
CHRIST IS ON THE MOVE, AND HE'S INVITING YOU.
NOT BECAUSE YOU'RE QUALIFIED, OR GOOD ENOUGH,
OR ANY OF THE EXCUSES WE GIVE OURSELVES.
NONE OF US ARE, BUT BECAUSE OF HIS GRACE, HE INVITES US.
BECAUSE ALL HE EVER WANTED WAS FELLOWSHIP. WITH YOU.
AND WITH YOUR CITY.
SO MAY WE BE A PEOPLE ON OUR KNEES.
A PEOPLE WHO WITH OUR HANDS AND FEET SHOW HIS LOVE.
AND WITH OUR MOUTHS PROCLAIM CHRIST AND CHRIST CRUCIFIED.
AND WITH OUR LIVES, PROCLAIM GOOD NEWS
THAT HAS TRANSFORMED WHO WE ARE.
AND HAS THE POWER TO TRANSFORM OUR COMMUNITIES.
BECAUSE CHRIST IS FOR YOUR CITY.
BECAUSE GOD SO LOVED THE WORLD.

CHRIST FOR OUR CITY.
MAY THAT BE THE PRAYER ON OUR HEARTS.